# *Dr. Leslie Seppinni Bio*

Dr. Leslie Seppinni Author of *'Who is Casey Anthony? Understanding the Motherly Motivation to Murder'*, Dr. Leslie is a psychological expert on suicide and homicide and serves as a regular contributor to the CNN/HLN *Nancy Grace Show.* Additionally, she is an expert contributor to a number of other nationally televised programs on topics from celebrity, weight loss, relationships and current events (*ABC News, Good Morning America, Dr. Drew, CBS Evening News, CNBC, CNN, E!, FOX News, Inside Edition, and The Insider*), as well as popular listening broadcast shows, *(Al Sharpton, Dresser After Dark, Martha Stewart Living, KNX 10.70 News Radio, Lars Larson, Parenting Network),* and print publications (*New York Times, Associated Press, Forbes, Business Week.com, USA Weekend, New York Daily News, Washington Post, Newsweek, Parenting, Self, More, First*, *In Touch, Lifestyle* and *Women's Health*).

Dr. Leslie's excuse free philosophy comes from her tragedy to triumph life story. Her father – an Atheist, African American, drug dealer, addict, and pimp – was convicted of murder and imprisoned in Sing-Sing. Her mother a Jewish White woman– known as Mrs. Black, the head of a New York brothel – was a prescription pill and alcohol addict who abandoned her at the age of two in a rat and roach infested hotel in New York. Blessed with two "unfit" parents, Dr. Leslie spent the next four years of her childhood in the foster care system. And that was just the beginning of her journey. Thankfully for Dr. Leslie – and the countless individuals she's counseled – she took her life's misfortunes and developed a way of living that capitalizes on all circumstances. Her expertise goes far beyond her credentials, and she can relate firsthand to experiences that many individuals, cultural differences, young and old, face in the real world today.

Dr. Leslie is a world-renowned Doctor of Clinical Psychology (Psy.D), Licensed Marriage Family Therapist (LMFT), Crisis Intervention Specialist. With a wide variety of skills and her adaptive nature, Dr. Leslie has had a wealth of experiences in the field. As a Crisis Intervention Specialist, she's held staff privileges at six hospitals, including the prestigious UCLA, NPI. Additionally, she's worked alongside the LAPD and FBI, providing expert negotiation and intervention consultation, and has held corporate accounts with the likes of the Los Angeles Unified School District, Intel, Pepsi Co., and Quaker Oats.

Dr. Leslie's excuse free philosophy has taught people how to manage their emotions and replace self-created drama to have the mental energy they need to fulfill their dreams. She focuses on the four C's: *curiosity, conviction, courage, and commitment*. A skilled and captive communicator, Dr. Leslie frequently serves as keynote speaker, panelist, and seminar leader. Her insight is particularly valuable in this time of upheaval for society – both politically and personally.

In addition to her corporate work, Dr. Leslie assists a number of charities and women's groups, including the Children's Defense Fund, and The New York State Bar Association, Centinela Freeman Hospital, USC Hospital, ObesityHelp, GLAAD, The Learning Annex, Ice Skating in Harlem, The Bottomless Closet, MG Consulting, Sage for Women and many more. She's a member of UCLA and USC Alumni Associations, Human Rights Watch, UCLA Black Alumni Association, ObesityHelp, American Psychological Association (APA), California Association of Marriage Family Therapy (CAFMT), and American Society of Bariatric Surgery.