

# THE RETURN



## AnnaLynne looks thinner than ever

### HER BARE-BONES DIET

Recently, *90210* star AnnaLynne McCord's usually thin figure has become even slimmer. A set insider reveals the 23-year-old actress rarely eats during meal breaks, and if she does visit craft services, it's usually to grab an apple, almonds or baby carrots. "While filming an *Avatar*-themed episode, AnnaLynne went for hours without eating," notes the insider.

### HOW HOLLYWOOD'S TO BLAME

Dr. Leslie Soppini tells in *Touch* that the pressure to be thin has gotten out of hand. "Now, it seems starlet equals starvation," she

explains. "These actresses feel the slimmer they look, the more likely their popularity will grow."

### IS SHE OVERWORKING HERSELF?

But a friend close to the star tells in *Touch* that AnnaLynne's hectic schedule is what's really to blame for her drastic weight loss. "She was traveling in Cambodia for two weeks doing charity work, and now she has a packed working schedule," says the pal.

### UNNATURALLY THIN NOW

Dr. Fred Pescatore, author of *The Hamptons Diet*, estimates the 5'7" star weighs 100 to 110 pounds. "She's naturally petite, but her bones are too pronounced now."



# OF SIZE 0

For a while, it seemed curves were back. But these tiny stars are reviving the scary skin-and-bones look. Let's just hope it doesn't last!



## FULLER-FIGURED THEN

Jena looked curvier and healthier in the past.

Jena looks like a different person

## WHY SHE'S SUDDENLY SCARY-SKINNY

For her upcoming film *Sucker Punch*, 5'6" Jena Malone trained for eight months with the Navy SEALs, but it looks like she pushed her body too hard. "She is skeletal," notes Dr. Pescatore, who estimates Jena went from 140 to 115 pounds. "She looks malnourished."

## THE FRIGHTENING EFFECTS

Not only is her weight unhealthy, but Jena, 26, could be putting her career at risk, too. "Getting so thin can alienate fans," says Dr. Seppinni.



## SHE LOOKS UNDERWEIGHT

"Jena is so frail, she looks like she could break," says Dr. Pescatore. "She is barely recognizable."



## LEAN AND FIT THEN

Her shoulders had more meat on them.

Jayma is shrinking

## HER SHOCKING WEIGHT LOSS

Glee star Jayma Mays, 31, looks like she is disappearing. "She probably went from 115 to 105 pounds," notes Dr. Pescatore.

## ON-SET COMPETITION

A *Glee* insider tells *In Touch* the competitive dynamic on set among the females could be contributing to 5'4" Jayma's weight loss. "They all want more on-air time, and they seem to think that getting thin is the way to achieve that," reveals the insider.

## BONY ARMS

"Her arms and neck are noticeably thinner," Dr. Pescatore tells *In Touch*.



Dr. Fred Pescatore (@drfpe.com) and Dr. Leslie Seppinni (@thebody.com) do not treat celebrities.